



CANTEEN MENU 2019

Monday, Tuesday, Thursday & Friday 8.15am to 2.00pm



Please write your orders on a paper bag and then hand them in to the Canteen by 8.45am.

**Please place correct money in lunch order if possible.
Please DO NOT order frozen items in lunch orders – they melt!**

AVAILABLE BEFORE SCHOOL

- Yoghurt & Muesli Cups (Gluten Free).....\$2.50
- Banana Bread.....\$3.00

RECESS – Not to be ordered.

- Assorted Muffins.....\$2.50
- Cheese Melts (**recess only**).....\$0.50
- Sausage Roll.....\$3.00
- Yoghurt & Muesli Cups (Gluten Free).....\$2.50
- Mini Pizza Muffins (**recess only**).....\$1.00
- Banana Bread.....\$3.00
- Fresh fruit salad tub.....\$2.00

DRINKS

MILK - (Various flavours)

- 300ml \$2.20
- 600ml \$3.20

Iced Coffee (Yrs 7-12 only)

JUICE - (Orange or Apple)

- 375ml \$2.50

OTHER

- Water \$2.00
- Chill J (sparkling fruit juice).....\$2.00
- Up & Go.....\$2.00
- Sprite Zero (Yrs 7-12 only).....\$2.50

SNACK FOOD

- JJ's Chicken Crackers \$1.50
- Red Rock Chips \$1.50
- Warm Popcorn.....\$0.80
- Snaps – gluten free chips.....\$1.20
- Messy Monkeys – gluten free\$1.20

AFTER LUNCH

- Jelly Sticks.....\$0.20
- Zooper Doopers.....\$0.50
- Milo Cups \$3.00
- Lemonade Icy Poles (Dairy and Gluten Free) \$1.20
- Frozen Juice Cup (Dairy Free) \$1.00
- Bulla Ice Cream Tub (Gluten Free).....\$1.50
- Coconut Juice Tubes.....\$1.20

GLUTEN FREE MENU

- Butter Chicken and Rice (GF).....\$4.00
- Pizza Single (GF Base).....\$3.00
- Pizza – Hawaiian (GF Base).....\$3.50
- Mrs Mac's GF Beef Pie.....\$4.00
- Yogurt and Vanilla Berry Muesli (GF).....\$2.50

WRAPS

- Chicken, Lettuce & Mayo Wrap \$4.00
- Salad Wrap \$4.00
- Mexican Chicken Wrap (lettuce, chicken, sour cream, tomato salsa and cheese).....\$4.50

SANDWICHES on Wholemeal Bread

- Cheese \$2.00
- Vegetemite.....\$1.80
- Ham.....\$2.50
- Salad.....\$4.00
- Ham and cheese toastie.....\$2.80
- Ham, cheese and tomato toastie.....\$3.00

EXTRAS

- BBQ or Tomato Sauce Portions \$0.50
- Beetroot or Pineapple \$0.50
- Ham or Chicken \$1.50
- Cheese.....\$0.80
- Avocado (subject to availability).....\$1.00

LIGHT MEALS

- Beef Pie.....\$3.50
- Beef Burger + Lettuce, b/root, tom & sauce.....\$4.50
- Butter Chicken & Rice (Gluten Free)..... \$4.00
- Cheese and Spinach Roll.....\$3.00
- Cheeseburger (Burger, cheese & sauce).....\$4.00
- Chicken Burger + Lettuce and Mayo \$4.00
- Chicken Wedges Each \$0.70
- Hot Dog and Sauce.....\$3.00
- Lasagne \$3.50
- Macaroni and Cheese.....\$3.50
- Pizza Single (Cheese & Ham)..... \$2.50
- Pizza- Hawaiian (Ham, Cheese, Pineapple).....\$3.00
- Potato Wedges – Plain.....\$2.80
- Potato Wedges – with sour cream and sweet chilli.....\$3.20
- Potato Wedges -salsa, sour cream & grated cheese....\$3.50
- Sausage Roll - Plain \$3.00

STATIONERY & MISCELLANEOUS ITEMS

- Mathematics Grid Book.....\$1.00
- Food Tech Apron.....\$12.00
- School Calculator.....\$27.00